

The Reflection Project

YOU ARE LIVING THROUGH HISTORY

Dear Lower Schoolers,

It's time for you to become historians! That's right, this week we are going to document what we've all been living through these past few months. This booklet will help you and your family reflect on your experience together.

There are two main reasons we'd like for you to complete this project. First, it's often true that we learn the most about ourselves when we are challenged. Hopefully, we can take these lessons and make our lives happier, more moral, and more productive. We hope you are able to learn something about yourself and your family that will make your lives better.

Second, we want to give you something to look back on in the coming years. Imagine showing this book to your children or grandchildren 50 years from now. Can you picture that? You would be sharing history!

As you complete these pages, take your time and do your best work. We will be filling out different pages on different days. Please do not work ahead. At the end of the process, you will choose one "artifact" from the reflection that is most meaningful to you. You will take a photo of it to share on Seesaw. These will be printed out and shared in a living history "museum" when we return to school in the Fall.

We hope you and your family have some meaningful conversations this week and enjoy completing The Reflection Project.

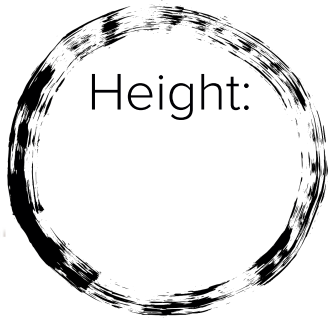
THIS IS ME



Age:



Height:



Weight:



Shoe Size:



Cool things I like



TV show: _____

Color: _____

Movie: _____

Book: _____

Food: _____

Song: _____

Sport: _____

Place: _____

Hobby: _____

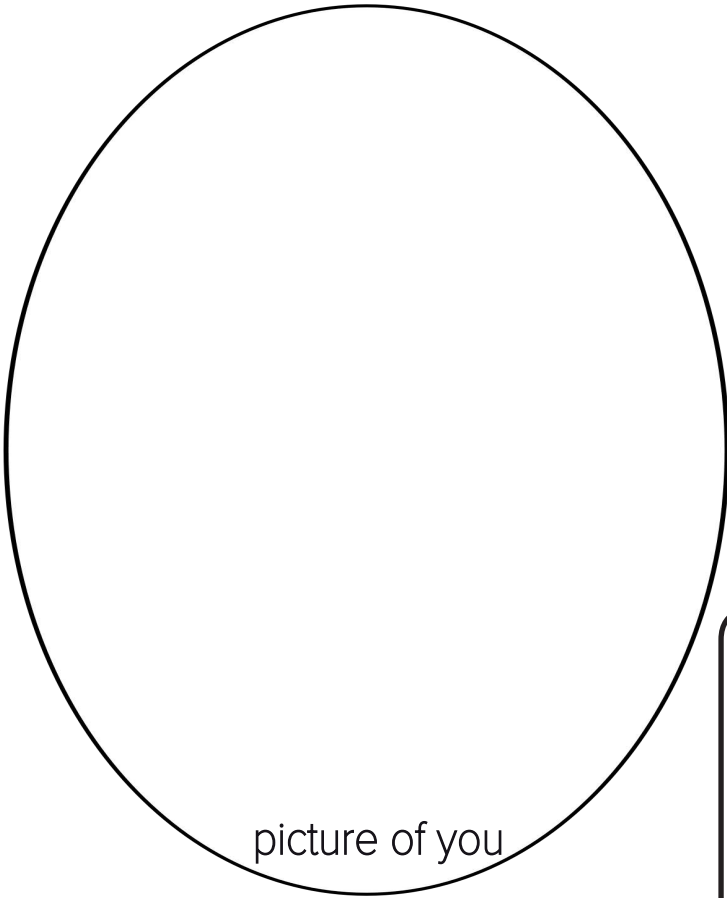
Issue I would stand up for: _____

My friends:

When I grow up I want to be:

Date:

HOW I'M FEELING



picture of you

3-5 WORDS TO DESCRIBE HOW I FEEL:

I AM THANKFUL FOR:

WHAT I HAVE LEARNED FROM THIS
EXPERIENCE:

THREE THINGS I'M MOST EXCITED TO DO WHEN THIS IS OVER:

1

2

3

COMMUNITY HEROES

#OutThereForUs

GOOD JOB

by Alicia Keys

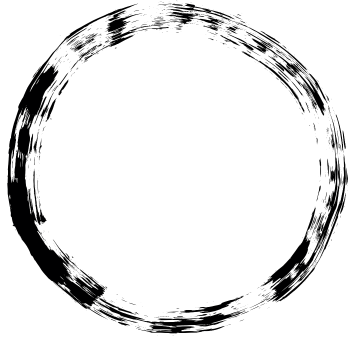
You're the engine that makes all things go
And you're always in disguise, my hero
I see your light in the dark
Smile in my face when we all know it's hard
There's no way to ever pay you back
Bless your heart, know I love you for that
Honest and selfless
I don't know if this helps it but
Good Job
You're doing a good job, a good job
You're doing a good job
Don't get too down
The world needs you now
Know that you matter
Matter, matter yeah

Type of worker I chose:

My Tweet

Write your tweet on the line below. Remember each letter and space is a character. You may write up to 199 characters. Please end your tweet with #OutThereForUs. We will send these out on the DA Twitter account.

INTERVIEW YOUR HOUSEHOLD

<p>WHAT HAS BEEN THE BIGGEST CHANGE?</p>	<p>HOW HAS LEARNING FROM HOME GONE?</p>	<p> NUMBER OF DAYS AWAY FROM SCHOOL</p>
<p>TOP THREE MOMENTS FROM THIS EXPERIENCE</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>		
<p>WHAT ACTIVITIES HAVE YOU MOST ENJOYED DOING?</p>	<p>WHAT ARE YOU MOST THANKFUL FOR?</p>	
<p>WHAT TV SHOW HAVE YOU MOST WATCHED?</p> <p>YOUR NEW FAVORITE HOUSEHOLD ACTIVITY:</p> <p>FAVORITE TIME OF DAY:</p> <p>FAVORITE FOOD TO COOK:</p>	<p>GOALS FOR AFTER THIS:</p>	

Pick a question that has a story behind it. Take a video of a family member telling the story.

SPECIAL OCCASIONS

What occasions did you celebrate during this time? Write the list down here and what you did to celebrate. Examples include religious holidays, birthdays, anniversaries, Mother's Day, etc. Consider printing out photos of these celebrations to keep with this sheet in your booklet.

EVENT	DATE	HOW YOU CELEBRATED

Learning Reflection Worksheet

You can use this optional sheet to help you write the learning reflection letter to yourself on the next page. This is just for your notes, so you can recycle this page when done.

SUBJECT	REFLECTION QUESTION	NOTES
Reading	What kind of reading routines did you set up while learning at home? Were you able to find more time for reading?	
Writing	How did you grow as a writer during these past few months at home? Did you find any new strategies to help you?	
Social Studies	Was learning about different cultures any different for you at home than at school? What resources did you use?	3rd graders see bottom of sheet.
Math	Each week we've looked at patterns found on the Calendar Grid in Number Corner. What patterns did you create to make working from home work easier?	
Science	How is science different at home than it is at school? Do you feel like the assignments helped you learn new scientific ideas?	
Spanish	What activities were the most fun and easy to learn independently in your virtual Spanish lessons?	
TED	How do you feel about the exploring and learning you did in TED while learning from home?	
PE	What did you do to take care of your body/mind while at home? Which activities did you enjoy?	
Music	How have you grown as a musician during our online learning?	
Drama	How have you grown as an actor during our online learning?	
Art	How have you expressed yourself as an artist while remote learning and what changes were necessary when you no longer had the DA art studio/materials?	
Guidance	What's an example of a time during home learning that you showed perseverance or grit, by not giving up, and you felt proud of your accomplishment?	

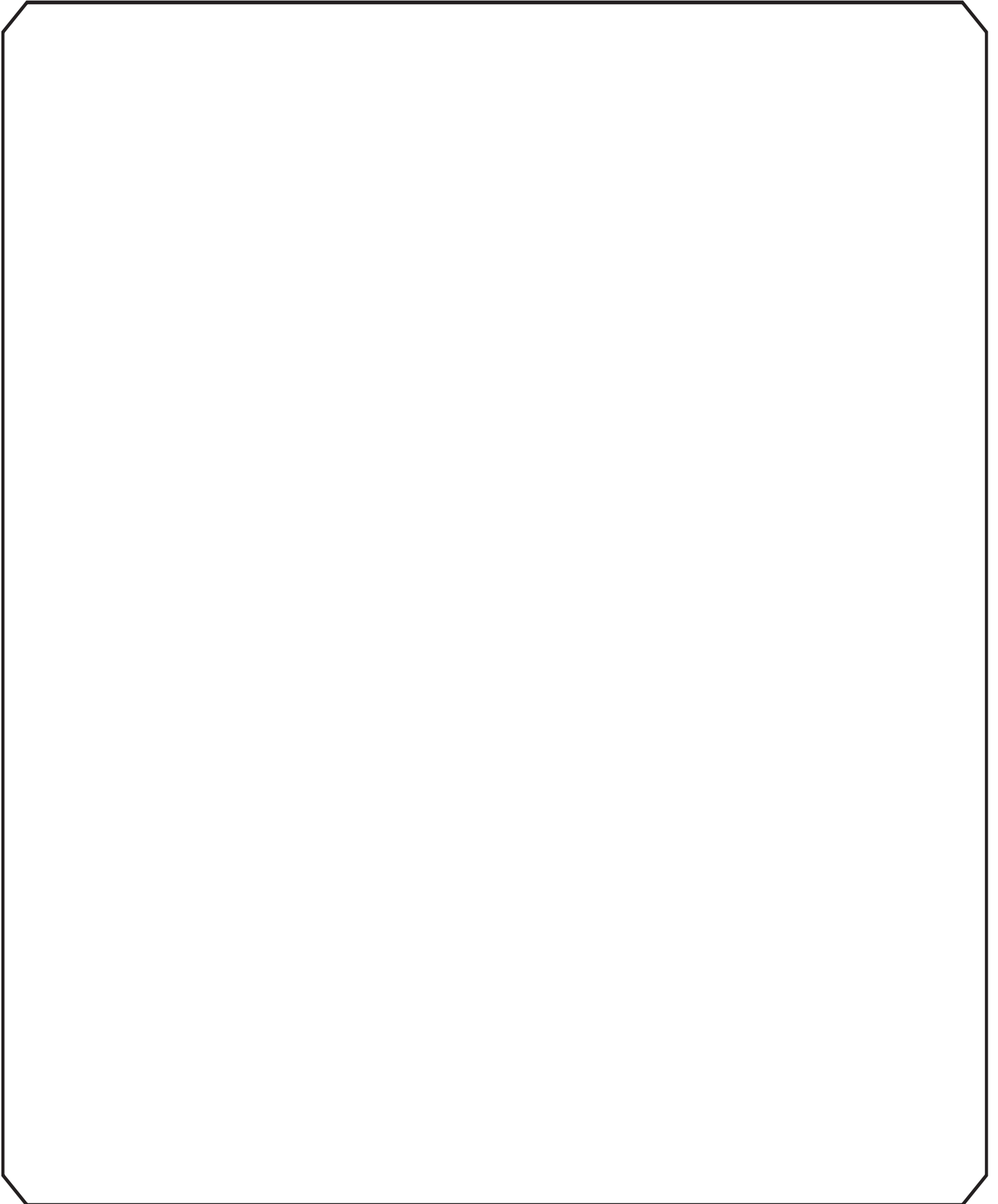
Third graders: For Social Studies, please reflect on doing your state project at home instead of school.

LEARNING REFLECTION

DEAR _____,

GOOD LUCK, _____

MY ARTIFACT



ARTIFACT EXPLANATION

